



## WEEK 5

### CONTENT:

Sometimes a coach or mentor will ask the person they are developing, “What are you made of?” If you were asked that what would you say?

### Read Gen 2:7

What is man really made from?

What do you think it means when the Bible says that God, “...breathed into his nostrils the breath of life, and man became a living being.”?

LEADERS NOTE: God was putting a spirit in the man. Which gave life to the physical body.

### Read 2 Cor 5:8

What does Paul describe in this verse?

LEADERS NOTE: Paul is describing the reality that when we die our spirit goes to heaven while our body goes into the ground and begins to decay.

### **Read 1 Thess 4:14-17**

If our spirit has gone to heaven, what is being described in 1 Thess 4:14?

LEADERS NOTE: Jesus is coming back to the earth and He is bringing the spirits of those who have passed away as believers.

Verse 16 says the dead will rise first. What do you think that mean?

LEADERS NOTE: This is referring to the resurrection of the bodies of those whose spirits are with the Lord. Thus the body and the spirit of the believer will be reunited.

Does this mean that a person cannot be cremated?

LEADERS NOTE: No there is nothing biblically that says a person's body will not be resurrected if it has been cremated. In fact many Christians suffered being burned at the stake, while others passed away so long ago that their bodies have fully decayed. God is giving us new bodies.

### **Read 1 Cor 15:50-54**

How does Paul describe our resurrected bodies?

What was Jesus resurrected body like?

What is the first thing you would want to do once you received your resurrection body?

Think back to the passage in 1 Thess where does the text portray us going with these resurrected bodies?

LEADERS NOTE: It pictures us coming to earth.

**APPLICATION:**

Invite someone to Easter this week so they can hear about the resurrection.

Keep this in mind for when believers pass away and put into practice what Paul said and “encourage one another with these words.”