



God's Will Part 2 - Be Filled With Joy

BREAKING THE ICE:

- Do you think of yourself as a happy person?
- Do you believe God wants you to be happy? Why or why not?

GO TO THE SOURCE : READ Eph 4:17-18, Acts 13:52, Eph 4:19-21

DIG A LITTLE DEEPER:

- What we believe about God has a large impact on how we feel about life.
 - Do you believe that God is in control of your life? Explain
 - Read Rom 8:28 Do you believe this verse?

- If Christians believe both of these things why do you think so many of us walk around lacking joy?
- According to Eph 4:17-18 what is God's will for your life?
- What does Acts 13:52 tells us the disciples were filled with?
- Do you think the two things they were filled with are interrelated?
- What we fill ourselves with has a direct correlation to our perspectives on our lives.
 - What things influences your mood in your life in a positive way? Create a list of 8-10 things.
 - What things in your life influence your mood in a negative way? Create a list of 8-10 things.
 - Are the things that influence your mood negatively necessary or are they things you should be cutting out of your life?
 - Practically what would it look like for you to cut negative things from your life?
 - For the things that are a negative influence on your mood but are somehow required how can you change the way you think about those things so that they do not influence you to be bummed out?
- Filling ourselves with the things of God brings us happiness.
 - Read Eph 4:18-21 What actions accompany a person "filled with the Spirit" according to this passage?
 - There is an old saying "It is better to give than to receive." Do you agree with that? Why or why not?

MAKE IT COUNT:

What can you do practically this week to practice being happy?

What will you cut out of your life this week so that there is more room in your life to be filled by the Lord and things that honor Him?

What can you do to help change the way you think about negative things in your life so they do not rob you of your joy?