



## WEEK 2 - Upgrade Your Prayer Life

### REVIEW FROM LAST WEEK:

Did you read and take heed to the first 7 chapters of the Book of Revelation this week? Was that a blessing for your week?

### CONTENT:

Do you ever feel like God is a billion miles away? When do you feel this way?

Do you find it hard to pray? Why or why not?

What things make it difficult for you to pray?

LEADERS NOTE: The bible teaches us that sin in our lives hinders our prayers. But Jesus has come to set us from our sin. (v. 5)

Read Matthew 6:9.

According to this verse who do we pray to?

Why do we not have to go through someone else to talk to God?

LEADERS NOTE: Jesus is our Great High Priest who intercedes for us. (Heb. 7)

Do you have a model you walk through in your prayer time? If so what is it?

Do you ever not know what to pray? What do you do if you find yourself there?

**LEADERS NOTE:** Romans 8:26 teaches us that the holy Spirit intercedes for us with groans too deep for words.

When you pray what is your purpose? Why do you pray?

When you pray what do you ask for? What motivates your prayers?

**LEADERS NOTE:** James 4:2b-3.

Do you find it hard to confess your sins to God? Why or why not?

Do you thank the Lord in your prayer time?

Have each person share 4 things they are thankful for.

### **APPLICATION:**

Will you start 30 days of prayer using the PACT (Purpose, Ask, Confess, Thanksgiving) method this week?

### **PRAYER:**

Oh God, thank you for giving us the Book of Revelation that tells us what is to come. May we read it and apply it to our lives so that we can find true happiness in you. We praise you because you are no longer dead but you are alive. We praise you because you are the Alpha and the Omega, the first and the last. In Jesus name, Amen.